



Spring 2010 Workshops

Spring workshops run for 11 weeks.

Workshops: ■ Children

Saturday Classes: March 6th - May 22nd

Tuesday Classes: March 9th - May 18th

Wednesday Classes: March 10th - May 19th

■ Teens

■ Adults

Dance

We offer dance workshops for all ages in a variety of disciplines. Students learn discipline, ensemble work, and original choreography while studying with a dynamic faculty comprised of professional dancers.

Ballet I for Kids

\$125

Saturday, 10:30am -11:30am or

Saturday, 11:30am -12:30pm

(Ages: 5-8) ■

Students are introduced to basic ballet positions, movements, terminology, format, and procedures. Exercises will be taught using analogies and making connections to familiar concepts. Ballet enhances balance, core strength, and physical discipline.

and waist as well as parts of the upper body. Belly Dance is most known for the beautiful smooth and flowing movements. All classes suitable for beginners.

Hip Hop Dance for Kids I

\$125

Saturday, 9:00am -10:00am

(Ages: 5-8) ■

Children learn the rudiments of hip-hop dance and the necessities of dance practice, including warm-ups, choreography, and ensemble work while dancing to today's hottest beats.

Ballet II

\$125

Saturday, 12:30pm - 2:00pm

(Ages: 9-12 OR students who have taken at least 2 semesters of Ballet I) ■

Older students are introduced to basic ballet positions, movements, terminology, format, procedures, and slightly more complex choreography. Exercises will be taught using analogies and making connections to familiar concepts. Ballet enhances balance, core strength, and physical discipline.

Hip Hop Dance for Kids II

\$125

Saturday, 10:30am -12:00pm

(Ages: 9-12) ■

Children learn the rudiments of hip-hop dance and the necessities of dance practice, including warm-ups, choreography, and ensemble work while dancing to today's hottest beats.

Belly Dancing

\$125

Tuesday, 6:30pm - 8:00pm (Mixed Levels)

Saturday, 3:30pm - 5:00pm (Beginners)

(Ages: Teen – Adult) ■ ■

This workshop will delight anyone interested in exploring the ancient art of Middle Eastern Dance, with movements that isolate the hips, abdomen

Hip Hop Dance for Teens

~~**\$125**~~

Saturday, 2:00pm - 3:30pm

(Ages: 13-18) ■

Special offer: \$100

Combining traditional and contemporary dance techniques, students will master the latest hip-hop movements and work towards creating original choreography to today's urban tracks.

Advanced Hip Hop Dance ~~-\$125-~~
Saturday, 3:30pm - 5:00pm **Special offer: \$100**
(Ages: 13-Adult) ■ ■

Combining traditional and contemporary dance techniques, students will master the latest hip-hop movements and work towards creating original choreography to today's urban tracks.

Children's Modern Dance **\$125**
Saturday, 9:00am - 10:30am
(Ages: 7-12) ■

Modern Dance offers students the discipline of ballet but explores new movements and centers on expression. Children will learn the basics of modern dance techniques while building core strength and enhancing balance. Ballet experience recommended but not required.

Latin Dance **\$125**
Tuesday, 6:30pm - 8:00pm (Beginners)
Wednesday, 6:30pm - 8:00pm (Intermediate)
(Ages: Teen-Adult) ■ ■

Party People! Learn all of the latest steps in Latin social dances including Mambo, Salsa, Cha Cha Cha, Meringue, Bachata.

Tango for Beginners **\$70**
Tuesday, 6:30pm - 8:00pm
(Ages: 17-Adult) ■ ■

Learn this exciting dance form that combines freedom of expression, movement and most importantly – connecting with your partner! **(Class meets for 5 weeks; March 9-April 6.)**

Tap/Hip-Hop Integration **\$125**
Saturday, 12:30pm - 2:00pm
(Ages 6-12) ■

Contemporary Hip-Hop dance has definitive roots in the rhythms of the hoofers from the days of the Harlem Renaissance. This class explores various techniques of tap dance through basic dance steps and original choreography while incorporating moves and music from today's urban landscape. Previous experience in tap, jazz, or Hip-Hop is recommended.

West African Dance (Beginners) **\$175**
Tuesday, 6:30pm - 8:00pm
(Ages: Teen-Adult) ■ ■

Learn Dance movements that are based in the ceremonial, ritualistic, and every day life experiences of the Menden and Sou Sou people of West Africa. Classes feature live drumming!

Drama

Theatre builds many valuable skills and attributes, including ensemble work, confidence, vocal techniques, physical awareness and critical skills.

Drama I **\$135**
Saturday, 10:30am - 12:00pm
(Ages: 6-9) ■

Youngsters will learn vocabulary, basic acting techniques, and performance protocol while building mental and physical discipline and learning to work as an ensemble. The class will culminate with an informal open studio performance. Performance materials change from semester to semester.



Drama II **\$135**
Saturday, 12:30pm - 2:00pm
(Ages: 10-14) ■ ■

Young teens will build confidence as they explore acting techniques and theatre history, methodology, and criticism. The class emphasizes ensemble work and discipline. The class will culminate with an informal open studio performance of a short play or collection of scenes from the canon of modern drama. Texts change from semester to semester.

Movement Arts

These classes emphasize the mind-body connection vital to the creative spirit. Not the fitness programs you find at the gym, our movement arts classes cater to the skills needed for dance, drama, music, and even the visual arts.


Capoeira

Saturday, 12:30pm - 2:00pm
(Ages: 7-14)  

\$125

Capoeira is an Afro-Brazilian martial art that combines dance, fighting movements and music. It helps develop co-ordination, fitness, flexibility and balance. Students will learn about the history and music of capoeira as well as its acrobatic moves.


Creative Movement for Kids

Saturday 11:30am - 12:30pm
(Ages: 3-4) 

\$125

Through techniques based in ballet, modern dance and yoga, children will be led through exercises that focus on their coordination skills, spatial awareness, and improvisation abilities. This class prepares young children for dance and drama by tapping into the creative impulse and working in a group. A parent or guardian must attend this class with their child.

Martial Arts



Saturday, 2:00pm - 3:30pm
(Ages: 5-12) 

~~-\$125-~~

Special offer: \$100

The martial arts build strength, discipline, and a connection to their unique cultural roots. While martial arts studies movements connected to self-defense, it is closely connected to dance and builds flexibility, coordination, and discipline. In addition to learning strikes, blocks, and kicks, students will learn about the cultural influences that shaped the practice of martial arts.

Zumba

Saturday, 2:00pm - 3:30pm
(Ages: Teen-Adult)  

\$125


Special offer: \$100

The latest dance party workout sensation, Zumba combines Latin dance styles and music with an aerobic fitness workout that will blow you away. Fast and slow rhythms and resistance training blended with your favorite traditional Latin salsa and merengue styles keep you active while making this workshop fun and easily accessible to students of all ages and dance levels.

Music

Our music classes offer a nurturing environment for students of all ages to start or continue their music practice. Small group classes allow for plenty of individual attention.


Guitar for Kids

Saturday, 1:30pm - 2:30pm
(Ages: 8-10) 

\$140

This class covers the fundamentals for playing the guitar with an emphasis on developing chord knowledge and learning how to apply that knowledge to familiar songs. Students must bring their own guitar.




Keyboard for Kids I

Saturday, 9:00am - 10:00am
(Ages: 6-8) 

\$180

Youngsters are introduced to reading music, identifying keyboard notes, and how to employ both hands at the piano to build the basics of music practice. Each class is limited to 10 students.


Guitar I

Saturday 2:30pm - 4:00pm
(Ages: 10-Adult)   

\$165

This class covers the fundamentals for playing the acoustic or electric guitar with an emphasis on developing chord knowledge and understanding the instrument. Students must bring their own guitar.

Keyboard for Kids II

Saturday, 10:00am - 11:30am
(Ages: 9-12) 

\$180

Youngsters are introduced to reading music, identifying keyboard notes, and how to employ both hands at the piano to build the basics of music practice. Each class is limited to 10 students.

Music (continued)

Keyboard I

\$190

Saturday, 12:00pm - 1:30pm
(Ages: 13-Adult) ■ ■

For the beginner, this class will cover basic fingering for the keyboard, music notation, chord structure, and scales, then progress to playing popular melodies. Class is limited to 10 students.

Keyboard II (Intermediate)

\$190

Saturday, 1:30pm - 3:00pm
(Ages: 13-Adult) ■ ■

Building on skills from Keyboard I, students will begin to learn advanced scales, music theory, improvisation, and basic repertoire. Class is limited to 10 students

Singing Workshop:

Vocal Music for Adults

\$165

Wednesday, 6:30pm - 8:00pm
(Ages: Teen-Adult) ■ ■

Adult vocalists will build confidence as they learn the techniques needed for choral or solo singing. The class will cover basic vocal skills for speaking and singing, including breath work, posture, tone, pitch, articulation and projection. Students will put these new skills to use by learning songs that incorporate the musical elements of melody, harmony, rhythm and mood.

Sing Your Song:

Vocal Music for Kids I

\$165

Saturday, 12:00pm - 1:30pm
(Ages: 6-10) ■

This class will focus on the techniques young vocalists need to build a vocal practice, creating the foundation for a strong singing voice. Topics covered include breath management skills, good speech habits, speech flexibility, and basic musicianship. Students will put these practices to use by learning to sing as an ensemble or as a solo artist.

Sing Your Song:

Vocal Music for Kids II

\$165

Saturday, 10:30am - 12:00pm
(Ages: 10-14) ■ ■

This class for older children and young teens will focus on the techniques young vocalists need to build a vocal practice and care for their changing voices while creating the foundation for a strong singing voice. Topics covered include breath management skills, good speech habits, speech flexibility, and basic musicianship. Students will put these practices to use by learning to sing as an ensemble or as a solo artist.

Visual Art

Our visual art program offers students the opportunity to explore a variety of media, including ceramics, paint, fabric, and animation, working with our faculty of distinguished teaching artists.

Art Explorers I

\$150

Saturday, 9:00am - 10:30am
(Ages: 5-8)
(Includes ■ some supplies)

Children learn to draw, paint, create masks, collages, and mobiles using wide range of media including crayon, watercolor, peppier Mache, and molding compound.

Art Explorers II

~~**\$150**~~

Special offer: \$100

Saturday, 10:30am - 12:00pm
(Ages: 9-13) ■ ■
(Includes some supplies)

Students will learn basic design components such as line, shape, color and texture and will explore different materials and techniques for creating covers for magazines, books, and CDs.

Visual Art (continued)

Basic Drawing & Painting

\$165

Tuesday, 6:30pm - 8:00pm
(Ages: 17-Adults) ■ ■

This class explores the elements and principles of composition as well as the wide variety of materials used in the practices of drawing and painting. Students will develop the basic art skills and techniques for still life rendering and interpretation.

Cartooning for Kids

\$150

Saturday, 12:00pm - 1:30pm
(Ages: 7-11) ■
(Includes some supplies)

Kids have a great time in this course which will have them producing their own original characters, comic strips, single panel cartoons, and humorous or action hero illustrations in no time. The class will learn how to draw people, animals, and backgrounds which are then incorporated into original scenes and stories created by the students. Each student will produce their own comic book to take with them at the conclusion of the course.

Cartooning & Animation

\$165

Saturday, 1:30pm - 3:30pm
(Ages: 11-Teen OR students who have completed two semesters of cartooning) ■ ■
(Includes some supplies)

Students learn the basic principals of animation by creating their own animated videos. Participants utilize stop motion techniques to animate ordinary objects, people, and photographs, and create original characters made from their own drawings and cut paper. Each student will have the opportunity to write, direct, and incorporate sound into their own video animation production, which they can take home on VHS tape or DVD at the conclusion of the course.

Parent /Child Ceramic Arts

\$185

Saturday, 10:00am - 11:00am
(Ages: 3-6, one parent must accompany child) ■
(Includes some supplies)

What better way to encourage your child's creative impulse than with clay? This class fosters creativity and visual art skills, while offering parents of young children the opportunity to explore a new art form

with their child and build an arts practice as a family. Price covers one parent and one child as well as materials.

Clay, Clay, Clay

\$185

Saturday, 11:00am - 12:00pm
(Ages: 5-8) ■
(Includes some supplies)

This class introduces young children to the basics of ceramics. Through hand building, students learn how to make basic sculptures as well as decorative and functional works of art. Finished projects are glazed.

Ceramics I

\$195

Saturday, 12:30pm - 2:00pm
(Ages: 9-12) ■
(Includes some supplies)

This class will cover basic hand-building techniques such as slab and coil building to create sculptural and functional forms. Students will also learn how to glaze their finished pieces.

FREE open studio time Saturday 3:30pm-4:30pm

Ceramics II

\$195

Saturday, 2:00pm - 3:30pm
(Ages: Intergenerational) ■ ■ ■
(Includes some supplies)

Learn advanced hand-building, sculpture techniques and advanced glazing methods. Children, adults and seniors are welcomed! Advanced students have the opportunity to use the wheel.

FREE open studio time Saturday 3:30pm-4:30pm

Other

Quilt-N-Queens Quilting Guild

JCAL is proud that Jamaica's own quilt guild, Quilt-N-Queens, calls our facility home. The guild meets on the first Tuesday of each month from October to June and offers fabric artists of all skill levels the opportunity to network, socialize and be a part of a vital artistic community.

Participants must have taken JCAL's Traditional Quilt Making workshop or demonstrate proficiency in quilt making techniques. For more information please call, 718-658-7400 ext. 134.

Workshops for the Developmentally Disabled

JCAL offers custom-designed arts workshops for organizations that serve the needs of developmentally disabled individuals. We currently work with AABR, the Association for the Advancement of the Blind and Retarded, to offer a dance workshop for their residents. During our 2007 National Dance Week event, we also offered a special dance workshop for the Young Adult Institute. In 2008, JCAL's ARTventure program worked with several NYC Department of Education District 75 sites to offer in-school arts residencies in puppetry, theater and visual arts.

If you would like to explore special needs workshops for your organization, call 718-658-7400 ext. 123.

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